

Earth Spa Menu



Earth
Spa

Book now to avoid disappointment

Landline: 015 304 3079 (WhatsApp available)

E-mail: earthspa@tznlodge.co.za

Social Media: [@tzaneenearthspa](#)

Etiquette

Reservation

We recommend scheduling your treatment as far in advance as possible to guarantee availability. Prepayment is required, at the time of the booking, to guarantee your reservation.

Gift Vouchers

Gift Vouchers are available for purchase at Earth Spa. Unfortunately, we are unable to process any returns or reimburse any payments on gift cards, even if lost, misplaced, or stolen. Gift Vouchers expire 6 months after the purchase date and cannot be redeemed as cash. Gift Vouchers must be mentioned when making an appointment. If a treatment value exceeds the amount listed on the Gift Voucher, the redeemer is responsible for paying the difference at the time of service. There will be no reimbursement if the treatment is less than the Gift Voucher or credited as gratuity.

Spa Arrivals

We kindly request that you arrive 15 minutes prior to your appointment time. Earth Spa will try to accommodate late arrivals, but the length of the treatment may be adjusted to not interrupt the scheduled treatments of other guests. Full price of scheduled treatments will apply. Please plan accordingly.

Health Matters

Kindly inform Earth Spa of any health conditions at the time of the booking e.g. High blood pressure, heart condition, allergies, or pregnancy. You will also be required to complete a medical history form upon arrival.

Prices and Services

Prices and services are subject to change without notice. Earth Spa aims to keep guests up to date with any fluctuations that may arise and encourages all guest to inquire about pricing and available services when booking a treatment.

Return Policy

Earth Spa will provide you with the highest quality skin and body care products with your treatment. Should you purchase any of our spa products for home use and find them to be defective, we will exchange any products within 7 days of purchase, provided a receipt is presented. Unfortunately, Earth Spa cannot provide cash refunds for returned products. Instead, a Spa credit will be provided for any returned products to be used on any other products or spa services available at Earth Spa.

Cancellation

Earth Spa values your business and request that you respect our scheduling policies. Should you need to cancel or reschedule, please notify us at least 24 hours in advance.

Any cancellations with less than 24 hours of notice or no shows are subject to a cancellation fee amounting to the cost of the scheduled treatment.

We recognise that the time of our guests and staff is valuable and have implemented this policy for this reason.

When you miss a scheduled appointment Earth Spa not only loses your business but also the potential business of other guests who could have scheduled an appointment for the same time.

When making an appointment you are agreeing to these policies.

Gratuity

Gratuities for outstanding services, are appreciated by our highly qualified staff.

Gratuity is not included in the price of services or spa packages; customary tipping runs 10% to 20 % but is at your discretion. You may tip the therapist upon check out at the front desk with cash, or credit card.

Cell Phones

We pride ourselves on the tranquil and sophisticated environment of our Earth Spa. During your visit, please be mindful of guests who are having treatments. We request that you please silence, or preferably switch off your cell phone and leave it in your designated locker to respect other guests enjoying the tranquillity of the Earth Spa.

Spa Attire

For spa treatments, you will be provided with a robe and slippers to wear between treatments, as well as a locker for your personal belongings. Our therapists are highly trained in draping procedures to ensure your complete privacy during treatments. Swimming attire is required in pools and wet areas of the spa.

Children & Teens

Earth Spa is an adult sanctuary. Spa guests must be 18 or older. Children under 18 are not permitted in service areas or treatment rooms, except for specific children's treatments. Please arrange for childcare prior to your visit.

Consideration of Fellow Spa Guests

Earth Spa is strictly a Zen area. To ensure that you and others enjoy the full atmosphere and experience of Earth Spa, we request that you keep conversations in communal areas to a minimum and kindly speak in a hushed tone in treatment rooms should you wish to talk during your treatment sessions.

Inappropriate behaviour

Earth spa reserves the right to terminate any treatment due to inappropriate behaviour of a spa guest.

Massage Therapies

Swedish Full Body Massage

A great stress reliever, the Swedish massage is still the most popular massage worldwide to ease aches and pains and get rid of all stress.

R680/60min
R1020/90min

Swedish Back, Neck & Shoulder Massage

The best stress relief massage to get rid of all Tension and stress in your back, neck, and shoulders.

R340/30min
R510/45min

Hot Stone Full Body Massage

Awakening the senses with heated basalt stones, relaxing your tension zones and converting it to a feeling of bliss and relaxation

R760/60min
R1140/90min

Hot Stone Back, Neck & Shoulder Massage

Awakening the senses with heated basalt stones, relaxing your shoulder and Neck and converting it to a feeling of bliss and relaxation.

R380/30min
R570/45min

Lymphatic Drainage Massage

A manual lymph drainage massage designed to stimulates the body's lymphatic system, assisting with reduction in water retention and swelling.

R760/60min
R1140/90min

Deep Tissue/Sports Massage – Back and neck

An ideal reliever for built-up tension or sporting strains.

R425/30min

Deep Tissue/Sports Massage

Perfect for tension release or for athletes and men who are either preparing for or recovering from an event.

R850/60min
R1275/90min

Aromatherapy Massage

A soothing aromatherapy massage incorporating essential oils. For relaxation, pain management and an improved mood.

R700/60min
R1050/90min

Bellabaci Massage

Cupping therapy to assist in removing excess fluids & toxins, Relieving stress and tension which increases blood & lymph circulation

R850/60min

Bellabaci Back, Neck and Shoulder Massage

Cupping therapy focusing on your back, to assist in removing excess toxins, relieving pain, aches and stress also helps with relieving headaches.

R630/45min

Head Massage

A relaxing massage to de-stress the mind.

R320/30min

Foot Massage

Revitalise and revive tired, aching feet.

R320/30min

Mom2Be Massage

A gentle relaxing massage to relieve tension and alleviate Swelling of hands & feet. Doctors consent needed for 1st and 3rd trimester.

R760/60min

Lemon Zest Candle Massage	R870/60min
Spiced Orange Candle Massage	R870/60min
Frangipane & Jasmine Candle Massage	R870/60min

Replenish the skin's moisture barrier and be encompassed by the revitalising aroma that follows a rainstorm with this skin nourishing melted Soy Oil and Shea Butter candle massage.

African Calabash & Rungu Massage	R1200/90min
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Revive your body and soul with a truly African massage, combining massage therapies with an African Rungu and Calabash. A truly African experience. The use of different shapes and sizes allows the therapist to scatter tension zones, softens muscles, tendons, and cutaneous tissue.

Couples Massage Back & Neck (per couple)	R900/45min
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A luxurious back and neck massage enjoyed with your partner or friend.

Couples Massage (per couple)	R1200/60min
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A luxurious full body massage enjoyed with your partner or friend.

R1800/90min

Body Therapies individually or as an add-on:

Earth Spa Hydro bath	R350/30min
Earth Spa Full Body Buff Exfoliation	R380/45min
Earth Spa Body Wrap	R260/30min
Earth Spa Steam Room	R150/30min
Earth Spa Steam Room & Body Scrub	R350/30min
Earth Spa Steam Room & Scrub per couple	R450/60min
Earth Spa Sauna	R180/30min
Earth Spa Express Back Scrub	R390/30min
Earth Spa Exfoliation, Wrap	R650/60min

Earth Spa Facial & Skin Treatments

Theravine Appetizer Facial	R370/30min
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An express Vinetherapy facial boost experience customized to your specific skin concerns.

Earth Spa Designer Facial	R750/60min
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Specially tailored for your skin type, the Earth Spa Designer Facial nourishes and enlivens your skin.

Theravine Balancing Facial	R690/60min
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A deep-cleansing facial to gently remove surface impurities using a customized purifying mask while specially selected aromatic botanicals restore balance to the skin.

Theravine Advance Cellular Gold Facial	R750/60min
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Using UltraVine™'s breakthrough antioxidant technology, this anti-ageing concept along with the revolutionary soft 24K gold and diamond dust collagen film mask, promotes the skin's DNA repair system while luxuriously soft and delicately scented creams, serums and balms transport your skin to an advanced state of renewal.

Theravine De Luxe Anti-Ageing Facial	R990/90min
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This replenishing treatment assists in reducing fine lines and wrinkles with peptide-rich boosters and serums to combat the signs of ageing while a plasticizing mask further enhances the actions of the active ingredients. A true time interceptor.

Hydravine Hydrating Facial	R730/60min
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This facial includes a revolutionary cloth mask containing Hyaluronic Acid intensely moisturises the skin and 'locks in' active ingredients for up to 3 weeks.

Theravine Men's Facial R660/60min
A deep-cleansing facial specifically tailored for men to gently remove surface impurities.

Theravine Deep Cleansing Facial R850/75min
A deep-cleansing facial to gently remove surface impurities, using a customised purifying mask, specially recommended for problematic skin.

Facial Add-on Treatments:

Eye Treatment On its own or Add-on R290/30min

Cupping Facial Massage R180/15min

Hot Stone Treatment R100/15min

Beauty Therapies

Tinting

Brow Tint R100/15min

Lash Tint R130/20min

Lash & Brow Tint R200/45min

Brow Shape & Tint R170/30min

Brow Shape R100/15min

Waxing

Half Leg wax R220/30min

Full Leg wax R300/45min

Bikini wax R150/20min

Brazilian wax R300/45min

Hollywood wax R400/60min

Under Arm wax R150/15min

Full Arm wax R200/20min

Lip wax R100/15min

Chin wax R100/15min

Back wax R300/30min

Full Chest wax R400/45min

Full Face wax R360/45min

Hand Treatments

Express Manicure (File, Buff & Exfoliation without Nail Polish) R220/30min

Classic Manicure (File, Buff & Exfoliation with Nail Polish) R300/60min

De Luxe Manicure (File, Buff & Exfoliation with massage & Paraffin dip with Nail Polish) R480/75min

Luxury Hand Treatment (Exfoliation followed by a hydrating Aloe Ferox gel wrap. Ending off with a gentle hand massage, without polish) R150/20min

Foot Treatments

Express Pedicure (File, Buff & Exfoliation without Nail Polish) R270/45min

Classic Pedicure (File, Buff & Exfoliation with Nail Polish) R360/60min

De Luxe Pedicure (File, Buff & Exfoliation with massage & Paraffin dip with Nail Polish) R510/75min

Luxury Foot Treatment (Exfoliation followed by a hydrating Aloe Ferox gel wrap. Ending off with a gentle Foot massage, without nail polish) R250/20min

Additional Add-on Nail Treatments:

Gelish Paint R100/10min
Gelish French Finish R70/10min
Gel Soak Off R70/30min
Nail Art (per nail) R15/15min
Cut, File and Paint R170/30min

Earth Spa Signature Package

Merlot Bath for Two R1100/60min
(Includes a glass of Merlot & Small Platter)

The signature outdoor **Earth Spa Merlot bath** enjoyed on your own or with the special person in your life, will leave you drifting in pure bliss while enjoying a glass of Merlot wine, creating a tranquil nurturing environment away from the rest of the world. This Merlot bath comprises an abundance of nature's relaxing and rejuvenating botanicals and will be one of the most austere and effective body rituals that will become sacrosanct for your total relaxation.

Merlot Bath for One R500/30min
(Includes a glass of Merlot & Small Platter)

Earth Spa Packages

All our packages are served with an Earth Spa Platter and a glass of sparkling wine or non-alcoholic beverage.

Earth Spa Executive De-Stress R1550/135min
The ultimate stressbuster starting with a full body exfoliation, followed by an uplifting Re-mineralising Bath completed with a Swedish Deep Tissue Massage for tension relief and deep relaxation.

Earth Spa Deluxe R1060/90min
Earth Spa Swedish Back, Neck & Shoulder Massage, topped With Theravine Appetizer Facial and a luxurious Foot Massage

Earth Spa Retreat R1400/135min
Full Body Exfoliation, Bath & Swedish Full Body Massage. Experience a sublime body cleansing ceremony, beginning with a full body exfoliation, immersion in a luxurious bath to relax the muscles in preparation of an indulging full body massage, with its roots originating in Africa. This treatment will leave you drifting in pure bliss while enjoying a Glass of bubbly, creating a tranquil nurturing environment away from the rest of the world.

Earth Spa Half Day Delight R2090/180min
Escape the bustle and stress of everyday life with the delights of Earth Spa. Enjoy a relaxing Hydro Bath, a Hot Stone Full Body Massage, concluding with a luxurious balancing facial to revitalise the body, mind, and soul.

Mom to Be Pamper R1950/195min

Enjoy a purifying body exfoliation with a 45-minute Full Body Pregnancy Massage, and finish your retreat with an Appetizer Facial and a Luxurious Earth spa Deluxe Pedicure. Doctor's consent needed for 1st and 3rd trimester.

Earth Spa Romantic Bliss Couples Retreat (per couple) R2360/150min

This unique experience includes time in the steam room, gently exfoliating each other followed by a hydrotherapy bath, with a glass of Bubbly. Relax & enjoy each other's company, concluded with a relaxing couples Hot Stone Full Body Massage.

Earth Spa Full Day Top to Toe Indulgence R3090/375min

A cleansing full African Earth Salt Polish, followed by purifying steam session, a relaxing and soothing full body 90 min Hot Stone Massage, topped with our Earth Spa Designer Facial concluding with a luxurious pedicure.

Earth Spa Full Body Buff Experience R730/75min

Enjoy a revitalising Full Body Buff & Exfoliation to re-new your skin and there after an immersive Hydro bath to leave your skin feeling brand new

Earth Spa Full Body Exfoliation, wrap & Massage R1640/165min

A skin renewal journey starting with a relaxing Hydro bath followed by an exfoliation Body Wrap and concluded with a Swedish Full Body Massage.

Full Body Exfoliation & Massage R940/90min

A full body Buff exfoliation to refresh and renew your skin followed by a Swedish Full Body Massage

The Bridesmaid's Getaway R1890/195min

Rasul Steam & Scrub Treatment; Swedish Back, Neck & Shoulder Massage, Earth Spa Designer Facial to enliven and nourish your skin, concluded with a luxurious Deluxe Pedicure.

The Man-hour R1520/120min

90 min Deep Tissue Massage using firm pressure to reach the deepest layer of muscle with a Balancing Facial to purify the skin.

Add on: Express Manicure & Pedicure R490/60min

The Bridal Package R2250/190min

For that special glow, a cleansing ritual with a full body Self Scrub & Steam, a relaxing Merlot Bath with a glass of bubbly or wine, with an uplifting Earth Spa Aromatherapy 90 min Stress Relief Full Body Massage, and ended off with a luxurious hand and foot Treatment

Earthling Menu

Earthling Massage (<13) R340/30min

Earthling Back & Neck (<13) R170/15min

Earthling Manicure (<13) R110/15min

Earthling Pedicure (<13) R140/15min

Earthling Facial (<13) R180/15min

Earthling Brow Wax (<13) R100/15min

Earthling Retreat (<13) R690/75min

The perfect treat for kids. It includes a full body massage and facial Followed by a Manicure and a pedicure.

Earth Spa Fitness Studio

Fitness for Hotel Guests

(Bench Press • Free Weights • Rowing Equipment • Exercise Bike • Stairmaster • Treadmill)

Complimentary for in-house guest's the fitness studio features all the equipment you may need to keep you on the go.

Earth Spa Fitness Centre is an adult sanctuary. Guests must be 18 years or older. The centre is open from 6h00 to 19h00. Please contact the Front Desk or call (015) 304 3079 for more information.